

01 Food Around the World

We often forget that people in other countries eat different things from us. There are many different kinds of food in the world.

In some Asian countries, for example, rice is the main food. In other countries, such as Britain and America, bread made from wheat is the most important food. In many African countries a kind of corn called maize is the most important food. Most countries have their own special dishes. Here are some examples. In China, sweet and sour pork, shark's fin soup, and fried rice are very common dishes. People from Thailand and India eat many different curries. They like their food hot and spicy. In England, a favorite dish is roast beef. People eat it with potatoes and peas. The Italians like to eat pasta, which is a kind of noodle made from wheat. French food is very famous

all over the world. It is often very rich. Fast food is sometimes also called "junk food."

In recent years, fast food has become very popular not only in Taiwan but also in many other countries in the world. It was invented in the USA, and the first fast food was the hamburger. An interesting fact is that a hamburger does not actually contain ham. It's made from beef. There are restaurants and takeout places selling hamburgers in most cities of the world. It is easy for people to get fat if they eat a lot of hamburgers but seldom exercise. The most common international food, however, is Chinese food. There probably isn't a city anywhere in the world that does not have at least one Chinese restaurant. This is because there are so many different dishes from so many different parts of China. Indeed, whatever kind of food one likes, there is always something for everyone with Chinese food.

~取自嘉義縣英語教學資源